September 2023

Bismarck Art & Galleries Association

Reception: September 5 • 5-7 pm

Reception: October 10 • 5-7 pm

Upcoming Exhibitions

September 5-29

Kimble Bromley Exhibit

In 2019 Bromley had the opportunity to travel to France to study Monet's paintings and to visit his gardens in Giverny. After letting this adventure simmer for two years, the scenes he encountered there are now coming to life in his paintings. The motifs that inspired hundreds of Monet's most mature work are seen in Bromley's paintings. The paintings are also filled with color and light as seen in the dynamic compositions. These paintings are his interpretation of the gardens Monet so lovingly created.

Member artist Joanne Drevlow had to wait until her retirement 3 years ago from 25 years of teaching art to set up her personal studio. She bought a kiln, set up a studio, and began to create! She has combined her love of gardening by making sculptural objects for the garden and incorporated her love of bright color in the use of glazes. That love of color and texture has spilled over into her paintings as well.

October 10 - November 2

The 78th Annual Fall Art Show

Please join us for another Fall Art Show and help celebrate all the great artists in our region and beyond! The opening reception gives you an opportunity to meet many of the artists, to enjoy good food and great conversation. Registration forms to enter the show are available online at www.bismarck-art.org under the Special Events tab or at the office.

November 7-30

Marsha Lehmann Exhibit

Lehmann's work is full of the culture and character of Western ND. This nationally recognized artist presents her ranching background in a warm and very personal manner. Member artist Roxanne Rost Erickson is excited to be exhibiting at BAGA. Five years ago she took a THEO paint and wine class that made her love of art making return. Her work will include local landmarks, florals and more in various mediums and she's looking forward to sharing them with you!

December 5-22

The Artistry of Trees – member artist show

All member artists are invited to participate in this exhibit. The registration form is on page 8. The three poems to use for inspiration were selected by BAGA staff and two poets, Bonnie Staiger and Natalie Pierce, from 46 submitted poems. Come be inspired by the beautiful poetry and wonderful visual art on display.

FOLLOW US AT:







@BA(zABismarck

In this Issue

Upcoming Exhibits......1

, •
Executive Director Note3
Featured Artist 4
Remembering Dana5
Condolences5
BAGA Membership6
Square Foot update8
Artistry of Trees Registration Form8
Capturing North Dakota's Breatl
taking Scenery in Open Air9
Classes and Workshops10
Autumn Artistry Art Show 12



Bismarck Art & Galleries Association

422 East Front Avenue Bismarck, ND 58504 701-223-5986 baga@bismarck-art.org www.bismarck-art.org Fax: 701-223-8960

BAGA Board of Directors 2023

Nate Palczewski, President Robin Bopp, Vice-President Mel Gordon, Sec Martha Holzer, Past-President Madonna Guenthner Paige Pederson Clare Carlson Mark Zimmerman

BAGA Staff

Lynae Hanson, Executive Director Jan Webb, Administrative Assistant Jennifer Eaton, Accountant

Artisan

BAGA ARTISAN is published quarterly by Bismarck Art & Galleries Association.

Send all advertising inquiries to baga@bismarck-art.org

We welcome your comments and suggestions for this newsletter. Contact BAGA at 701-223-5986 during business hours.

Happenings 2023

Please visit www.bismarck-art.org or call 223-5986 for more information

September 5-29

Awards Presentation

Kimble Bromley Reception: Sept. 5, 5-7 pm

Member Artist: Joanne Drevlow Sponsors: Val and Jerry Harlow

October 10-November 2

Fall Art Show

Reception: Oct. 10, 5-7 pm

Sponsors: Robert & Susan Wefald

November 7-30

Marsha Lehmann Reception: Nov. 7, 5-7 pm Member Artist: Roxanne Rost

Erickson

Sponsors: Dr. David & Deb Larson

December 5-22

Member Artists Show – An exhibit of poetry and visual art on "The

Artistry of Trees"

Reception: Dec. 5, 5-7pm Sponsor: Starion Bank

2024

January 2-26

Linda Olson (NDAGA exhibit) Reception: Jan 2

Member Artist: Chris Pakiz

February 6-March 1

Marilyn Niewoehner (NDAGA exhibit) Reception: Feb 6

Member Artist: Taylor DeVries

March 26-28

PAW Art

Reception: March 26

April 2-5

Hung Over

Reception: April 2

April 9-26

Student Exhibit Reception: April 9

March 5-22

Uff Da: The Folk Art of Emily Lunde

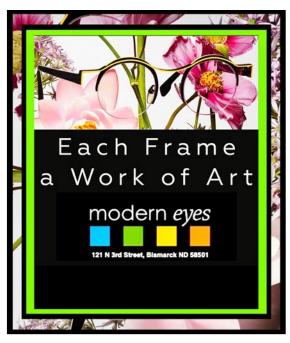
Reception: Mar 5

Member Artist: Cindi Lostritto



• Full Color Copies
• High Speed Copying and Duplicating
• Art Department
• Color Offset Printing • Letterhead • Envelopes
• Complete Bindery Services
• Delivery & Pick-Up

904 E. Front Ave., Bismarck, ND 701-258-2727(ASAP) www.flashprintshop.com





Under Construction



If you've driven around Bismarck and Mandan at all in the last 3 months, you've gotten used to seeing the orange cones, the 'road closed' signs, and construction workers. Although it's frustrating

and it slows us down a bit, it means progress and improvement. BAGA is jumping on the improvement bandwagon, and entering construction season, as well. When we began our Giving

Hearts Day campaign last February, to raise funds for new flooring, it got us thinking about our space. We asked ourselves, "What else needs to be done before we put in brand new flooring?"

After giving the gallery the old eagle eye, here's what we found:

- 1) Some of the bricks were crumbling and needed mortar repair
- 2) The kitchenette next to the gallery store was a wasteland of cleaning supplies and dried flowers and could be better used by expanding the Gallery Store into this space
- 3) The kiosk/serving island in the middle of the gallery would be more functional if we could move it out of the way when not in use
- 4) The walls and display cubes could use a fresh coat of paint

None of these are small projects, but with the support of an amazing Board and contributions from members and businesses in the community, we are moving forward. In fact, we've gotten the bricks repaired and we've removed the kitchenette cabinets, plumbing and electrical from the wall between the kitchenette and store. Next up, we'll be breaking down the wall between the two rooms and expanding the store. We'll also be removing the kiosk and creating a more functional mobile serving station.

We're attempting to complete these remodel steps without interruption to our exhibit schedule. But a packed calendar means you may find the Gallery Store has moved to the member gallery for one week. Once the store is expanded, we may have a few days of painting and reconfiguring the display options before getting back to normal operations. When we remove the kiosk, there will be no carpeting in the middle of the gallery until we can get the new flooring installed. We'll do our best to cover it. And painting? We haven't figured that out, yet.

Even though these are large undertakings that may feel like interruptions to our daily work, we feel like being under construction is exactly what we need to sell more artwork, keep our walls from crumbling, and attract the next generation for years to come.

So please bear with us as we work to keep BAGA the beautiful community gallery you've come to know and love. And, stop by if you want to see our progress!

Executive Director. Bismarck Art & Galleries Association 701-223-5986 or lynae@bismarck-art.org





STAY WITH US

Cisnae Hanson

Easy access to food, shopping and the river! Enjoy free WiFi and complimentary hot breakfast.



1122 W Turnpike Ave., Bismarck, ND 701-751-3400

Chelle Doll

Featured Artist

Chelle Doll reminds me of the Energizer Bunny. She is involved in so many creative areas, one wonders how she finds time for it all. Chelle's main area of interest is in decorative glassware but she also loves to do different types of artwork like painting and stitching

on fabric, black and white sketches, eco dye printing, watercolor and paper clay sculptures. She finds time for that in addition to being a full-time realtor with Century 21 Morrison.

She recently completed a 2-day workshop at BAGA where people could learn how to do Eco-Dye Printing. This process extracts natural elements (ink) to paper using a mordant like alum or acetate. In this process the elements are layered in paper, weighted, then heated with water on top of the stove until almost boiling. Rusty nails, copper and other items are added as a modifier to get different colors out of the tannins and ink in the natural leaves and flowers. They cure for a few days, then after rinsing and drying the results can be a pleasant surprise. She started doing this to create art out of funeral flowers for people who've lost someone close.

While in Florida two years ago, Chelle took a class in making paper clay sculptures. This process starts by adding the clay to a form like a Styrofoam ball. She adds eyes and teeth to these whimsical creations then lets them air dry. After it's dried and sanded

"My sense of humor is a little warped so I like to exaggerate the features of my creations. I have a tribe of women friends that get together and do fun projects. I led

it is painted.

them through the process of creating pumpkin faces and I was delighted to find that most with no art training made amazing creations. It's a project that anyone can be successful at and I plan to do a class at BAGA in the fall so others can learn this great medium," she states.

Chelle moved to Bismarck in 1984 from Milton, West Virginia, which at one time was home to nine art glass manufacturers.

"That is where I became acquainted with glass blowing, going to the Blenko "hotshop" in my hometown. My glass collection became so big I got a booth at



the Bismarck Antique Mall to make room for new items and let others enjoy great glass. I have also helped many clients sell their vintage items either there or on eBay. My creative urge led me to open Urban Girl in downtown Bismarck over a decade ago. I sold beads, purses, luggage, and clothing. Many people who had never created anything bellied up to our bead bar to make great jewelry. I have always loved showing people how to create, so it was a win-win," she says

Chelle sells her art at BAGA, at small events and out of her home. She and her husband also enjoy purchasing art when they travel. "Every trip we buy something

made by a local artist. We display it on a wall where we can reminisce about our trips. I believe art is about learning techniques, being exposed to different cultures and places, finding something

that inspires you, then creating it in the form that can best express your idea", Chelle states.



Remembering '

by Barb Nechiporenko

BAGA recently lost to cancer one of its most dedicated volunteers. Dana Guenthner, husband of board member Madonna Guenthner. Dana never met a problem he couldn't solve. When the Coca-Cola company was planning to throw out the broken Coke booths used at Capital Affair and replace them with tents, Dana took on the job of completely rebuilding and painting them. He wasn't happy with just good enough, so every job was done perfectly. If he didn't have the right equipment for the job, he purchased it. He was the go-to guy for hauling items used at Capital Affair.

He also designed and built the shelter for the outdoor air conditioner at the front of our building. When big items needed repairs, BAGA relied on Dana's expertise to know who to hire for the job. Dana was as modest as he was capable, and we will miss him in so many ways.

Donations were given in memory of Dana Guenthner by Deb and David Larson, Mark & Lynae Hanson, Debbie & Steve Van Berkom, Martha & Dan Holzer, Wm & Lonna Augustadt, Phil & Marla Coffin, Jan Webb, Clare & Lisa Carlson, Terry &



Cathy Kristensen, Bob & Linda Christman, Paige Pederson, Harriet McClelland, Barb & Ken Nechiporenko, Arvada Hipsak, Kai & Myrna Hunt, Jen Eaton, Kent & Pat French and Greg & Candy Brecht

Bismarck Art & Galleries extends condolences to...

Sympathies to...

The Friends and Family of Alvin Shrenk Norma Eslinger Joe Hauer Sigrid Bucklin

Carol Retterath on the passing of her husband William Retterath

Sue Huntington on the passing of her husband Ron Shaw

Martha & Dan Holzer on the passing of Martha's mother Rita Carew

Donna Zander on the passing of her husband Marvin Zander

Carolyn Twingley & family on the passing of her husband Dale Twingley Kaye Burian & family on the passing of her husband Myran Burian

Judy Carlson on the passing of her brother Gerald Carlson

Linda & Larry Maslowski on the passing of Linda's father Jackie Wiese

Jennifer Bentz and family on the passing of her mother Jan Kolding

Mel and Bob Gordon on the passing of Bob's dad, John Gordon

Memorials Given

In memory of William Retterath by Carol Retterath

In memory of Rita Carew by Paige Pederson Bob & Linda Christman



In memory of Dale Twingley by Bob & Linda Christman

In memory of Char McLaughlin by Peggy Puetz Paige Pederson Joe & Katherine Satrom

Donations

In Honor of Peggy Puetz's 85th Birthday Dina Butcher



Membership

If your name does not appear on this membership list it may have expired. Please contact the gallery to check your membership status.

Grantor

Jack & Joyce Schuchart
Charitable Lead Trust
ND Council on the Arts
Tom & Frances Leach
Foundation
ND Community Foundation Susanne Delaney Mattheis
Charitable Fund

Dakota West Arts Council

Patron (\$10,000 or above)

Benefactor (\$5,000 - 9,999)

Sustainer (\$2,500 - 4,999)

Tara Holt & Doug Prchal

Supporter (\$1,000 - 2,499)

Connie Hildebrand

Donor (\$500 - \$999)

Tom & Sandra Deis
Carol Jean Larsen
Barb Nechiporenko
Anna Rathbun
Bonnie Rothenberger
Julie & Bruce Schwartz
Marcia Sickler
Sue Sorlie
Susan & Bob Wefald

Rembrandt (Pledge of \$350 yearly for 4 years)

BNC National Bank Timothy & Robin Bopp Alan & Linda Butts Clare & Lisa Carlson Cory & Cecily Fong Joel & Jan Gilbertson Madonna Guenthner

Joyce Robinson & Paul Gurholt

Bro Halff

Clifton T. Hudgins & Craig Triplett

Tom & Katie Hutchens

Terry & Cathy Kristensen

Jenette Leblang

Connie Johnsen

Stephanie Delmore & Susan Lundberg

Aaron Olson

Paige Pederson

Petro-Hunt, LLC - Jeff Herman

Mark & Claudia Thompson Peter & Ruth Woodrow Mark Zimmerman

Business (\$100 - \$499)

Bain Agency, Jared Blackwood

Robert V. Bolinske, Sr., Attorney

Carden Custom Framing, Alicia & David Leingang

Dakota Media Access

Downtowners Association

Flash Printing - Roger Kubik

Grand Theatres - Jerry Brekke

Hang With Marci & David-Dave Borlaug

McQuade Distributing Co., Inc., Shannon McQuade Ely Starion Bank, Lee Weisbeck

Non-Profit Organizations (\$60/year)

The After School Place - Lori Sager

The Capital Gallery

Contributor (\$100 - \$499)

Gary Anderson

Robert Barr

Jay Rich & Doug Boyd

Kay Burian

Dina Butcher

Judy Carlson

Bob & Linda Christman

Marla & Phil Coffin

Maurice Cook

Betty Dockrey

Lorraine Dopson

Robert Dunnigan

Bill & Mary Ann Eckroth

Norma Eslinger

Margaret & Marc Fiechtner

Vonnie Gartner

Valorie & Jerry Harlow

Robert & Cherie Harms

Steve & Kathryn Holmes

Dianna Kindseth

Lynn Lahren

Deborah & Paul Levchak

Kirk & Linda Maize

Michelle Doyle & Tom Marple

Larry & Linda Maslowski

Lynn & Wade Moser

Karen Jacobus & Gus

Mueller

Pete Wax & Sherry Niesar

Nate & Lynae Palczewski

Dave & Diane Peterson

Robert & Kathleen Peterson

Becky & Walter Piehl

Annalee & George Pomonis
Victoria & Tom Pomonis

victoria & Torri Pomonis

Mary Tello Pool & Duane

Pool

Ken & Debi Rogers
Bonnie Rothenberger

Larry Skogen

Bonnie Staiger

Donnie Otalger

Allan & Dominque Stenehjem

Roberta Wachter

Tioberta vvacritei

Bridget & Bruce Whittey

Barb Wright

Household (\$60/year)

Dr. Boyd & Deb Addy

Evan & Ganya Anderson

Julie & Paul Barth

Edna Blickensderfer

Bonnie Brink

Rex & Linda Byerly

Jeff & Sue Cahill

Todd & Cynthia Clausnitzer

Jim & Loah Clement

Kim & Jeff Eslinger

Gary & Fran Gronberg

Dennis & Cindy Haider

Matt & Kristy Hamar

Jean & Ron Hill

Sen. John & Mikey Hoeven

Dan & Martha Holzer

Kerry Horton

Mark & Laurie Kadrmas

John & Carol Kapsner

Jerry & Cindy Kemmet

Jack & Shannon Kline

David & Jan Kolding

Arnold Kosobud & Brenda Schafer

Kevin & Myra Kosse

David & Marlene Krebsbach

Mike & Karen LaLonde

Deb & Dave Larson

Jennifer & Brian Matthews

Claudia Berg & Robert Matz Dee Meisner

Rollin & Barbara Mehlhoff

Bob & Karen Pedigo

Barb & Dave Peske

Dave & Diane Peterson

Hal & Sheila Peterson

Monty Rauser

Hank & Mabel Reichert

Mary & David Rennich

Cathy & Larry Ruebel

Cally & Larry Hacber

Steve & Paula Schilling

Peter & Rachel Silbernagel Tom & Kari Stromme

Tricia & Dan Traynor

Debbie & Steve Van Berkom Ron & Arlene Volk Janine Webb James & Anne Wisecup Karen Wolfer

Mary Jane & Ken Yetter

Individual (\$50/year)

Valerie Abrahamson Jennifer Bentz Taylor DeVries Jennifer Eaton Deidre Hillman Kerry Horton Tani Keaveny Christine Kujawa Richard Loewen Diane Lillis Elizabeth Lucas Paul Noot Cherise Pfaff Peggy Puetz Doreen Streyle Riedman

Bonnie Staiger John Swanson James Patrick Thomas Leellen Thomason Gerald VandeWalle Joan Von Rueden Mike Wilma Doreen Yantzer

Senior (\$40/year)

Irene Carter Sue Clark James J. Coles Judith Hammer Anne Heinle Mary Hoberg Lucy Hugelen Ginger Illich Vernice Keller Donna King Stella Kocher Carla Leingang Irish Linnertz Pat Masters

Pat Mayer

Bernice Clark Mever Mavis Meyer Elaine Mosher Pat Ness Aaron Olson Shirley Quick Judith Quill Mary Quintus Jeannette Radio Bill Riedman Patricia Robinson Jill Rosenow Jan M. Schultz Cathy Silbernagel Beverly Solberg Brenda Stone Carolyn Twingley Mary VanSickle Sarah Vogel Roberta Wachter Ona J. Welder

Artist (\$40/year)

Mary Adams Linda Axtman Gretchen Bederman Thomas J Berger Jacqueline Binstock Estella Boger Kay Burian Annella Campbell Jonathan Campbell Katrina Case Bev Christensen Sandra Cofell JoAnn Cordova Paul Cordova Lynn Dewitz Ellen Jean Diederich Kortnev Dillon Ramona Dockter Chelle Doll Linda Donlin

Caroline Doucette Joanne Drevlow Marcy Dronen Michael D. Dunn Carol Eaton Lauraine Boyum Ehley Lisa Ell

William G. Engelter Roxanne Rost Erickson Vern Erickson Andrea Fagerstrom Kathy Fettig Carol Fielhaber Joy Flynn Beverly Franz Cris Fulton Nicole Gagner Vonnie Gartner Tam Goodman-Wisthoff Melissa Gordon Michele Gorres Sr. Nancy Gunderson, OSB Sharon Haag **Bro Halff** Vicky Hammel Lynae Hanson Patricia Hardy Clara Ann Hauck Rose Heiser Maggie Belle Herr Donna Bloom Hipfner Tawnya Iglehart Denise Johnson Nancy Joyce Ruth Kary Vida Klocke Dawn Kopp Michael J Kordonowy Stacie Kruckenberg Tricia Lang Ali LaRock

Bobbie Lee Judy Lewis Chip Liebel Michelle Lindblom Kay Solberg Link Anita Lisko-Gaab Kristy Little Cindi Lostritto Kathryn Luther Cindy Makelky Brandi Malarkey Zoe Wergeland Manstrom Michelle Marman

Richard Martinson

Genevieve Metcalf

Brenda Mayer

Amy McNalley

Francis Miller Brenda Molinaro Tracy Moser Barb Nechiporenko Anthony Nelson Greta Nelson Steven J. Nelson **Betty Neuhardt** Witney Nielsen Jennifer Parker Kim Renner Carol Retterath Robin Reynolds Todd Richardson Connie Riedman Lori Riehl Ken Rogers Jeannine Saabye Shelly Sayler Linda Schadewald Daniel Schumacher Marcia Sickler Randal Steckel Sally Storslee K. Stromstad Danielle Stuckle Carol Thompson Jaci Trefz Donna Vallarano Katie Vasbinder Andrea Vinje Mary Welch Genny Welder Colette Wieland Terry Wiklund Rebecca Young-Sletten

Eileen Zahakos JoAnn Zahursky-Klein Donna Zander

The Cirtistry of Trees

December Member Exhibition

Read the poems. Be inspired. No fee to enter.

ARTWORK REGISTRATION FORM



i saw a girl today, maybe six years old, Silver pointe shoes scuffed-toed from climbing trees,

green lights wrinkling her ankles, green tutu sequined and wind-fluffed around her waist, green jean-jacket

pockets tucked with loose leaves and wildflowers she scooped from paths beneath her feet, believed too beautiful to be wind-swept away, and so rescued to keep in her treasure book for beautiful things

i saw this girl-dryad, maybe six years old, brown hair shining waves down her back, cheeks

pinked by wind, green eyes dappled with sunlight and wonder by dancing oak trees, budding and beckoning

her into their bowered limbs, into nature's treasure book for beautiful things

Read the other poems at www.bismarck-art.org

PLEASE NOTE:

You must be a current BAGA member to participate. If you are unsure of the status of your BAGA membership, please contact the BAGA office. If you are NOT current with your membership or would like to join, please enclose your annual membership fee of \$40.

Submit registration form November 1-22, 2023. Artwork must be delivered to BAGA no later than November 30.

Please mark your calendar for the **Opening Reception** to be held Tuesday, December 5, from 5 to 7 pm.

Name:	
Email:	
Artwork Title:	
Medium:	

Capturing *Morth Dakota's*Breathtaking Scenery in Open Air

Sally Storslee, a member of the Prairie Plein Air Artists, was among a group of five other artists who were painting in Medora recently, capturing the unique and ever-changing light of the rugged

North Dakota landscape.

The group was on a mission to facilitate opportunities to paint en plein air, which is French for "open air". This type of painting is done outdoors with a portable easel in two hours. requiring a concentrated look at the

Dakota during the spring and fall. They prefer to meet early or later in the day when the sunlight and shadows are more pronounced. Within the group, a variety of mediums have been used, and they

> have artists of all skills levels from beginner to more accomplished.

Storslee got separated from the group who was painting the buttes, so she decided to paint the colorful building fronts on 3rd Avenue. Perched under the awning next to Badlands Pizza Parlor, Storslee had her easel set up and palette in hand to capture the feel of

subject as the light at that moment finds it.

The Prairie Plein Air Artists is a group of Dakota artists interested in working en plein air. They began meeting at various outdoor locations in 2013 and can be spotted at their outdoor easels all over North

downtown Medora.

The Prairie Plein Air Artists are a testament to the beauty of North Dakota and the importance of preserving it through art. Their work captures the essence of the state and showcases it to the world.

Originally published in the Billings County Pioneer. Written by Jill M Friesz

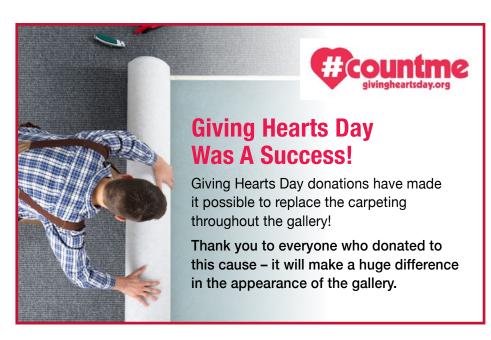






Changes to Square Foot date!

We've changed the Square Foot Exhibit from the month of August to the month of May in 2024. In looking at the calendar, we realized that our artists were being asked to enter 3 shows within the last 5 months of the year. Moving the show to May gives our member artists a bit more time to prepare for each of the exhibits. Please spread the word! You may register and pick up your canvases anytime from now to April. Registration forms will be mailed out later this year and will also be available online.



SAVE THE DATE!!!!

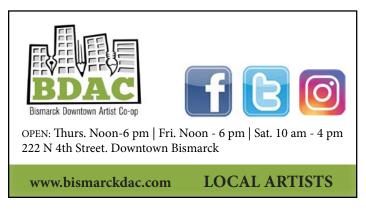
The annual winter fundraiser Festival of the Arts will be replaced with a new event to be held at the gallery on November 9th.





Through Dan's Supermarkets, BAGA received its third \$1000 donation from the Direct Your Dollars program. This was, unfortunately, the last to be given as the program was discontinued on March 1. Thank you to everyone that dutifully saved their Dan's receipts and brought them to the gallery! We received a total of \$3,000 through the years we participated.









Are you looking for a specific type of class?

Let us know and we'll see if we can put it together! We're always looking for suggestions.

For more information on any of the listed workshops, please contact BAGA at 701-223-5986 or baga@bismarck-art.org

Register online at

www.bismarck-art.org/classes

Creativity Enhancement Workshop with Kimble Bromley

Sat, September 30 •10-2pm

In this exciting workshop participants:

- Learn to apply hypnosis to enhance creativity
- Learn strategies to overcome creativity blocks
- · Learn self hypnosis
- See immediate results

Bromley's Creativity Enhancement Workshop offers participants a unique educational experience, strategies to find those creative abilities we all possess and having a lot of fun doing it.

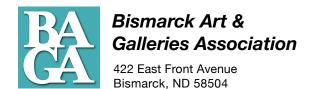
"How can I best assist my students in reaching their maximum creative potential?" As an art educator, this is the question I constantly ask myself. Hypnosis offers a unique path toward developing creativity. Hypnosis, approved by the AMA in 1958, is simply a very natural state of mind, combining deep relaxation and guided imagery.

Dr. James Council of the Psychology Department and myself, have been researching the significance of hypnosis on creativity. Our research, which has found hypnosis significance in the creative process, "Hypnotic Enhancement of Creative Drawing" has been published in the INTERNATIONAL JOURNAL OF CLINICAL AND EXPERIMENTAL HYPNOSIS, October, 2007 issue.

Our original creativity eventually yields to routine and habit. Fortunately, we can remove our habitual ways of perceiving and thinking by changing our perspective and learning how to look at our problems in many different ways.







Non-Profit Org. US Postage PAID Permit No. 162 Bismarck, ND 58501

The Tom and Frances Leach Foundation, Inc.



